**Lesson Plan 11**

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| Lesson Title: Career Highlights in Mental Health  Psychiatric Nurse Practitioner | | Lesson 11 |
| CTE Standard(s):  HSZ10.02.03.02 – Recognize levels of education, credentialing requirements, employment opportunities, workplace environment, and career growth potential. | | |
| Lesson Objective: | Provide students with an overview of the career:  -professional responsibilities of a Psychiatric Nurse Practitioner  -soft-skills: people skills, teamwork, empathy, accepting the diversity of others  -academic preparation  -pre-professional character development, experience and insights | |
| Supplies Needed: | This lesson utilizes the video online: www.oshmuseum.org  Psychiatric Nurse Practitioner | |

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| **THE "7 ELEMENTS"** | **TEACHER NOTES**  **(and answer key)** |
| 1. Introduce the CTE lesson. Assess students’ awareness as it relates to the lesson. Ask them: What have they heard about Registered Nurse in general? Ask them what they have heard about the career of Nurse Practitioner? Then bring up Psychiatric Nurse Practitioner as a specialization a nurse can earn through added education. | Let the students tell you what they think they know….  Stop and answer questions reinforce student provided correct information on what a Psychiatric Nurse Practitioner does and how it is a vital part of the client’s treatment plan. |
| 2. Discuss the role and responsibilities, educational background and other career highlights of:  Help students find examples where Lori compares the professionals, she works with during her workday. | Watch the video of the Psychiatric Nurse Practitioner  Discuss:  Patient Centered care  Ask students to provide examples of what a Psychiatric Nurse Practitioner does in comparison to a Registered Nurse during their work day…..  What is the goal of treatment? What provides Lori with satisfaction in her career?  How does this field differ from what you would expect a nurse to do in a regular healthcare setting? |
| 1. Work through the science/Math/communication/CCE example embedded in the lesson. | How much emphasis does Lori place on communication skills? Observational skills? Listening skills |
| 4. Work through related contextual science/Math/communication/CCE as they apply to the career.  In this career it is helpful to have the following skills: | Discussion how the professional accomplishes the goals and objectives of her profession while working with clients.  What are some of the responsibilities she discusses?  What type of experiences do students think would prepare them best for this career? |
| 5. Work through traditional information on educational requirements.  What is a Psychiatric Nurse Practitioner?  What does it take to get a license in this profession?  What careers can be used to gradually reach this level of professional career? | Discussion specific career courses or college courses that prepared you for the technical aspects of your job.  Is a college education is required for this job? How long will you need to go to school? |
| 6. Students demonstrate their understanding of the soft skills that are unique to this position or general that all employers and clients would want to see in a professional.  Have the students come up with their own list of soft skills | Ask students to describe the skills and attributes they will need to be an effective Psychiatric Nurse Practitioner. |
| 7. Formal assessment. | Ask them to provide examples of things they could do in advance of a formal professional education in this field to be ready for the challenges of the profession. (academic and soft skills preparation) |

**Extension:** Break the class into small groups of 3 to 4 students. Have students visit the link below and investigate more about the career of Psychiatric Nurse Practitioner. Assign one section to each group to report back to the class about what they learned. Sections to assign:

1. How to become a Psychiatric Nurse Practitioner
2. What Are the Education Requirements for a Psychiatric Nurse Practitioner?
3. Are Any Certifications or Credentials Needed?
4. What Does a Psychiatric Nurse Practitioner Do?
5. What Are the Roles and Duties of a Psychiatric Nurse Practitioner?
6. Working Conditions
7. Psychiatric Nurse Practitioner Employment Outlook & Salary

<https://www.registerednursing.org/nurse-practitioner/psychiatric/>