**Lesson Plan 9**

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| Lesson Title: Career Highlights in Mental Health  Psychiatric Registered Nurse | | Lesson 9 |
| CTE Standard(s):  HSZ10.02.03.02 – Recognize levels of education, credentialing requirements, employment opportunities, workplace environment, and career growth potential. | | |
| Lesson Objective: | Provide students with an overview of the career:  -professional responsibilities of a Psychiatric Registered Nurse  -soft-skills: people skills, team work, empathy, accepting the diversity of others  -academic preparation  -pre-professional character development, experience and insights | |
| Supplies Needed: | This lesson utilizes the video online: www.oshmuseum.org  Registered Nurse | |

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| **THE "7 ELEMENTS"** | **NOTES**  **(and answer key)** |
| Objectives slide  Ask them: What have they heard about Registered Nurse in general? | Let the students tell you what they think they know….  Stop and answer questions reinforce student provided correct information on what a Registered Nurse does and how it is a vital part of the client’s treatment plan. |
| 2. Discuss the role and responsibilities, educational background and other career highlights of:  Help students find examples where Troy compares the professionals he works with during his work day. | Watch the video of the Registered Nurse  Discuss:  Patient Centered care  IDT Interdisciplinary Team approach including the patient in the development of a care plan  Treatment mall- place where clients take classes to develop skills  Ask students to provide examples of what an Registered Nurse does during his work day…..  What is the goal of treatment? What provides Troy with satisfaction in his career?  How does this field differ from what you would expect a nurse to do in a regular healthcare setting?   * Assess patient’s psychological and physical condition * Develop nursing care plans * Carry out therapeutic treatments prescribed by the interdisciplinary care plan, delegating and assigning appropriate aspects of care to ancillary nursing personnel * Collaborate with other nurses, physicians, clinicians, therapists, and allied health professionals as a part of interdisciplinary teams * Evaluate patient’s response to treatment and make changes to treatment, when indicated * Initiate emergency response activities or behavioral interventions, as required * Assist patients in daily living activities such as bathing, oral care, and feeding * Keep current and accurate legal written records, including nursing care plans, treatment plans, progress notes, medications, case records of unusual incident reports involving patients * Monitor and evaluate work of direct care nursing staff, including certified nursing assistants (CNA’s), certified medication assistants (CMA’s) and licensed practical nurses (LPN’s) |
| 1. Work through the science/Math/communication/CCE example embedded in the lesson. | How much emphasis does Troy place on communication skills? Observational skills? |
| 4. Work through related contextual science/Math/communication/CCE as they apply to the career.  In this career it is helpful to have the following skills:  Have the students come up with their own list of soft skills | Discussion how the professional accomplishes the goals and objectives of his profession while working with clients.  What are some of the responsibilities he discusses?  What type of experiences do students think would prepare them best for this career? |
| 5. Work through traditional information on educational requirements.  What is a Registered Nurse?  Where can you get this certificate or a license?  How old must you be to work at the State Hospital? (18) | Discussion specific career courses or college courses that prepared you for the technical aspects of your job.  A college education is required for this job? |
| 6. Students demonstrate their understanding of the soft skills that are unique to this position or general that all employers and clients would want to see in a professional | Ask students to tell you how long it takes to become a professional in this field  Ask how the student could prepare for becoming a Registered Nurse? |
| 7. Formal assessment. | Ask them to provide examples of things they could do in advance of a formal professional education in this field to be ready for the challenges of the profession. (academic and soft skills preparation) |

Extension:

Have students individually or in small groups investigate the career ladder for nursing that can start while they are in high school by earning a CNA license and beginning to work in long term care or group homes. Carers along the ladder include: Nurse assistant, CNA, LPN, RNA, RNBS, Master’s prepared RN, Nurse Practitioner. Have students make a chart to fill in the requirements to become each, length of time, required preparation and salaries and lastly places of employment.

Job Title Months/years Education Requirement Employment and Salary

to attain

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| Nursing Assistant |  |  |  |
| Certified Nurses Aide |  |  |  |
| Licensed Practical Nurse |  |  |  |
| Registered Nurse Associate’s Degree |  |  |  |
| Registered Nurse Bachelor’s Degree |  |  |  |
| Registered Nurse Master’s Degree |  |  |  |
| Nurse Practitioner |  |  |  |