



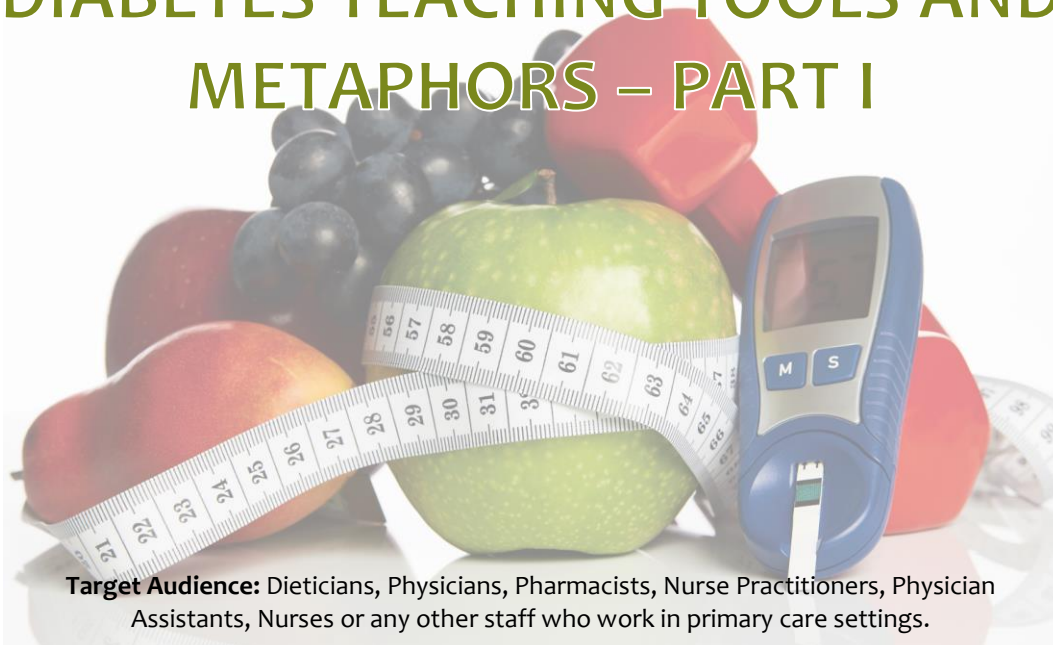
Oregon Pacific
Area Health Education Center
a hosted agency of Samaritan Lebanon Community Hospital



Samaritan
Health Services

Oregon Pacific AHEC and Samaritan Health Services presents:

DIABETES TEACHING TOOLS AND METAPHORS – PART I



Target Audience: Dietitians, Physicians, Pharmacists, Nurse Practitioners, Physician Assistants, Nurses or any other staff who work in primary care settings.

Thursday, Nov. 5, 2020 | 12:30 pm – 1:30 pm
THIS ACTIVITY IS ELIGIBLE FOR 1 CME / 1 CE CREDIT

REGISTER ONLINE AT: <http://bit.ly/OPAHECdiabetes1> OR
<https://attendee.gotowebinar.com/register/5369072919150648334>

EDUCATIONAL OBJECTIVES:

Demonstrate how metaphors can help patients address common numeracy challenges.

- baseball game to explain blood sugar ranges and goals to patients.
- analog clock to teach how to convert carb grams to carb choices and vice versa.
- dollar store to explain portions and sources of carbs amounts allowed per meal.

State the key parts of the label and the explain the meaning of the %DV while teaching patients how to read the Nutrition Facts Label.

PRESENTED BY

Sara Lee Thomas, MS, RD, LD:

Prior to joining Samaritan, Sara led a National award-winning Healthy Heart Team in Central Oregon for 15 years on the Warm Springs Indian Reservation. She became the clinical nutrition manager at Good Samaritan Regional Medical Center in 2010 and continues to educate the community, students and professional staff on nutrition in her current role. She works to increase the recognition and respect for the role of nutrition therapy by dietitians in improving patient care, costs and outcomes.



Samaritan Health Services is accredited by the Washington State Medical Association (WSMA) to provide continuing medical education for physicians.

Samaritan Health Services designates this live activity for a maximum of one (1) AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Sara Thomas and the planners of this program report that they have no conflicts of interest or relevant financial relationships with any commercial entities that might affect the contents of this presentation.

This course is provider approved by the California State Board of Registered Nursing, Provider Number CEP8729, for 1 contact hour by Good Samaritan Regional Medical Center, Corvallis, Oregon.

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